

Beverages

Hot or Cold

	SMALL	LARGE
CAFE LATTE	\$5.45	\$6.75
VANILLA LAVENDER LATTE	\$5.95	\$6.95
MAPLE CINNAMON LATTE	\$5.95	
PUMPKIN SPICE COLD FOAM LATTE	\$6.25	
CAFE MOCHA	\$5.95	\$6.95
PEPPERMINT MOCHA	\$5.95	\$6.95
THE EARLY BIRD (ICED ONLY)		\$9.95
24 OZ, 4 SHOTS OF ESPRESSO, MILK, CHOICE OF COFFEE SYRUP		
CAFE BREVE	\$5.45	\$6.75
CARAMEL MACCHIATO	\$5.95	\$6.95
CAPPUCCINO	\$5.45	\$6.75
ESPRESSO	\$4.25	\$4.95

Or These...

	SMALL	LARGE
COLD BREW	\$4.95	\$5.95
NITRO COLD BREW		\$5.95
HOT TEA		\$3.75
FOUNTAIN SODA		\$3.95
ICED TEA		\$3.95

Sweet Treats

CINNAMON ROLL	\$8.95
CAKE JARS	\$12.95
CHOCOLATE NUTELLA OR SALTED CARAMEL	
SEASONAL MUFFINS	\$5.95
SEASONAL TARTS	\$5.95

Freshly Brewed
Coffee \$4.75



Fresh Start

BISCUIT & GRAVY	\$11.95
BISCUIT SANDWICHES	\$12.95
SAUSAGE BISCUIT, SAUSAGE, EGG & CHEESE CROISSANT	
CROISSANT SANDWICHES	\$12.95
HAM CROISSANT, HAM, EGG & CHEESE CROISSANT	
FOCACCIA SANDWICH	\$14.95
EGG, BACON, HAVARTI CHEESE, ARUGULA, TOMATOES	
BREAKFAST BURRITO	\$13.25
FLOUR TORTILLA, ROASTED PEPPERS, CHEDDAR CHEESE, EGG, CHORIZO SAUSAGE, POTATO	
SMOKE SALMON BAGEL	\$15.95
PLAIN BAGEL, DILL CREAM CHEESE SPREAD, SMOKE SALMON, CAPERS, SHAVED ONION	
BREAKFAST BAGEL	\$14.95
HAM, EGG & CHEESE	
ASSORTED BAGELS	\$5.25
CINNAMON RAISIN, REGULAR, OR EVERYTHING BAGEL WITH CREAM CHEESE	
QUICHE	\$14.95
VEGGIE OR WESTERN	

Breakfast

Favorites

YOGURT PARFAITS	\$6.95
BLUEBERRY, STRAWBERRY	
FRUIT SPREAD	\$10.95
ACAI BOWL	\$12.95
ACAI SORBET, RASPBERRY, STRAWBERRY, BLUEBERRY, GRANOLA, HONEY, COCONUT OIL	
SEASONAL MUFFINS	\$5.95
SEASONAL TARTS	\$5.95
CINNAMON ROLL	\$8.95

Combo Special

CHOOSE ANY FRESH START
WITH A LARGE COFFEE
\$15.95



Sandwiches & More

QUICHE \$13.95
VEGGIE OR WESTERN

GRILLED THREE CHEESE
& BACON PANINI \$13.95

CUBAN PANINI \$13.95

TURKEY & SWISS SANDWICH \$13.95

BBQ PULL PORK SANDWICH \$16.95

GRILLED CHEESE SANDWICH \$10.95

ITALIAN PRESSED HOAGIE \$14.95

HAM & CHEESE CROISSANT \$14.95

CHICKEN SALAD WRAP \$12.95

SMOKED SALMON BAGEL \$15.95

PLAIN BAGEL, DILL CREAM CHEESE SPREAD,
SMOKE SALMON, CAPERS, SHAVED ONIONS

ASSORTED BAGELS \$5.25

CINNAMON RAISIN, PLAIN, OR EVERYTHING BAGEL
WITH CREAM CHEESE

ACAI BOWL \$12.95

ACAI SORBET, BANANA, STRAWBERRY, BLUEBERRY,
GRANOLA, HONEY, COCONUT OIL, FLAX SEED

Lunch

Soups & Salads

CHEF'S SEASONAL SELECTIONS \$8.45

BISON CHILI \$10.95

TURKEY COBB SALAD \$13.95

HOUSE SALAD \$12.95



Custard

SINGLE SCOOP	\$4.95
DOUBLE SCOOP	\$6.95
WAFFLE CONE	\$8.95

Or These

COLD BREW FLOAT	\$8.95
ICE CREAM SANDWICH	\$7.95

Shakes & Malts

VANILLA, CHOCOLATE, STRAWBERRY, OR BANANA	\$5.95
CARAMEL APPLE	\$7.95
*CHOOSE YOUR MIX-IN	\$0.95



Caramel Apple
Milkshake

Custard

Toppings & Mix-Ins

OREO, SPRINKLES, REECE'S PEANUT BUTTER CUPS,
KIT KAT, ANDES MINTS, M&M'S, HEATH BAR,
CANDIED PECANS, ROASTED PECANS, STRAWBERRIES,
CHOCOLATE SAUCE, SALTED CARAMEL \$0.95 EACH

Smoothies

CRANBERRY ALMOND \$10.95
ALMOND MILK, CRANBERRIES, BANANA, ALMOND BUTTER

CHERRY VANILLA ALMOND \$10.95
ALMOND MILK, BLACK CHERRY CONCENTRATE, BANANA,
VANILLA WHEY PROTEIN POWDER, ALMOND BUTTER

RAINBOW SPLASH \$10.95
ALMOND MILK, FLAXSEED OIL, VANILLA WHEY PROTEIN
POWDER, BANANA, PEACHES, STRAWBERRIES

ACAI DELIGHT \$13.00

WILD WILDERNESS \$7.95
ACAI, BANANA, GRANOLA, ALMOND MILK

SUNRISE \$7.95
ORANGE, STRAWBERRY, BANANA, VANILLA PROTEIN POWDER

KIDS